

## Howth Aquathon 3

August 16th 2010

Long Course

Bib	Surname	Forename	Vet	Sex	Swim	T1	Lap 1	Lap 2	Finish
303	Reidy	John		M	00:20:03	00:00:32	00:09:51	00:09:35	00:40:02
353	Keane	Kevin		M	00:24:03	00:00:28	00:09:44	00:09:21	00:43:36
341	Coura	Tell		M	00:23:26	00:00:24	00:10:07	00:09:50	00:43:46
332	Murphy	Aidan		M	00:22:44	00:00:18	00:10:57	00:10:29	00:44:29
343	Collins	Ross	Yes	M	00:25:41	00:00:25	00:09:59	00:09:37	00:45:42
214	Connolly	Shannon		M	00:24:53	00:00:29	00:10:31	00:10:03	00:45:55
203	Boyle	Adrian		M	00:26:28	00:00:40	00:10:00	00:10:00	00:47:07
300	Power	John		M	00:25:40	00:00:43	00:10:31	00:10:29	00:47:24
321	Sweeney	Kevin		M	00:25:44	00:00:33	00:10:50	00:10:24	00:47:31
281	Murphy	Oran		M	00:25:34	00:00:39	00:10:51	00:10:36	00:47:40
348	Woods	John		M	00:25:55	00:00:36	00:11:08	00:10:46	00:48:26
331	Murphy	Stephen		M	00:23:34	00:00:43	00:12:24	00:12:08	00:48:48
212	Clarke	Linda		F	00:23:18	00:00:45	00:12:56	00:12:57	00:49:55
255	Kelly	Paul		M	00:28:39	00:00:36	00:10:26	00:10:16	00:49:57
329	Wolfe	Lorna		F	00:25:44	00:00:47	00:12:14	00:11:53	00:50:38
218	Devitt	Conor		M	00:26:07	00:00:56	00:12:04	00:11:35	00:50:42
302	Quinn	Eamonn	Yes	M	00:24:24	00:00:43	00:13:13	00:12:29	00:50:48
294	O'Hanrahan	Barbara	Yes	F	00:25:22	00:00:38	00:12:22	00:12:30	00:50:52
201	Bird	Graham		M	00:25:34	00:00:47	00:12:45	00:12:32	00:51:38
320	Sweeney	Bernard		M	00:25:18	00:00:40	00:13:09	00:12:41	00:51:47
243	Griffin	Mike		M	00:29:38	00:00:33	00:11:06	00:10:34	00:51:51
244	Griffin	Pauline		F	00:28:41	00:00:36	00:11:53	00:11:24	00:52:34
344	Loftus	Tom		M	00:28:41	00:01:30	00:11:32	00:11:14	00:52:56
354	Jenkinson	Hilary	Vet	F	00:27:31	00:00:28	00:12:48	00:12:15	00:53:02
306	Roche	Dave		M	00:25:48	00:00:44	00:13:43	00:13:16	00:53:32
296	O'Regan	David		M	00:30:11	00:00:39	00:11:43	00:11:33	00:54:06
299	O'Sullivan	Eamonn		M	00:31:48		00:12:03	00:10:57	00:54:48
318	Staunton	John	Yes	M	00:29:05	00:00:55	00:13:12	00:12:18	00:55:30
257	Kerr	Elaine		F					00:55:35
202	Bourke	Aidan		M	00:33:12	00:00:37	00:10:53	00:11:07	00:55:49
217	Daly	Gerard	Yes	M	00:35:14	00:00:42	00:10:10	00:09:58	00:56:04
267	Martin	Mark		M	00:31:38	00:00:42	00:12:01	00:11:47	00:56:08
326	Ward	Iain		M	00:32:05	00:01:10	00:11:41	00:11:28	00:56:25
238	Fox	Maire		F	00:32:12	00:00:39	00:12:09	00:12:15	00:57:15
323	Walsh	Karl		M	00:31:24	00:02:36	00:11:57	00:11:23	00:57:20
355	Murray	Dan		M	00:32:10	00:00:33	00:12:22	00:12:15	00:57:21
210	Carroll	Barry		M	00:28:39	00:01:40	00:14:34	00:13:17	00:58:09
248	Jackson	Rachel		F	00:29:23	00:01:36	00:13:38	00:13:48	00:58:25
245	Griffin	Stephen		M	00:31:56	00:00:55	00:12:40	00:13:24	00:58:54
261	Lane	Sarah		F	00:33:09	00:00:53	00:12:25	00:12:50	00:59:17
233	Fitzpatrick	Alan		M	00:33:47	00:00:17	00:12:40	00:12:51	00:59:35
236	Flood	Gary		M	00:35:31	00:01:15	00:12:01	00:11:52	01:00:39
265	Maher	Kevin	Yes	M	00:34:32	00:01:28	00:12:33	00:12:07	01:00:40
310	Ryan	Colin		M	00:32:22	00:02:30	00:13:42	00:12:41	01:01:15
314	Sheridan	Henry		M	00:34:57	00:00:55	00:13:17	00:12:16	01:01:25
253	Keeley	Craig		M	00:33:11	00:01:38	00:13:43	00:13:16	01:01:48
223	Dunphy	Louise		F	00:31:33	00:01:40	00:14:30	00:14:37	01:02:20
313	Sheehy	Suzanne		F	00:36:26	00:01:11	00:12:55	00:12:09	01:02:41
277	McMahon	Simon		M	00:30:10	00:02:14	00:15:20	00:15:16	01:02:59
286	Ni Mhurchu	Muireann		F	00:35:13	00:01:42	00:13:44	00:13:43	01:04:22
351	King	Michael		M	00:37:05	00:01:17	00:13:50	00:13:35	01:05:47
319	Staunton	Marie	Yes	F	00:36:32	00:01:21	00:14:34	00:13:50	01:06:17
270	Mc Mahon	Wendy		F	00:36:53	00:02:18	00:13:50	00:13:33	01:06:33
262	Liston	Cormac		M	00:35:55	00:01:50	00:14:49	00:14:21	01:06:55
322	Tarrant	John		M	00:41:17	00:01:34	00:12:12	00:12:03	01:07:05
278	Mcnally	James	Yes	M	00:36:09	00:02:09	00:14:28	00:14:37	01:07:23
307	Rooney	Ray		M	00:37:49	00:02:15	00:13:56	00:13:29	01:07:28

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Long Course

347 Campbell	Tom	Yes	M	00:41:19	00:01:36	00:13:03	00:12:47	01:08:45
330 O'Keane	Veronica	Yes	F	00:41:32	00:01:24	00:13:05	00:13:16	01:09:18
252 KEANE	MAIRTIN		M	00:41:02	00:01:30	00:14:12	00:13:39	01:10:23
239 Fox	Arron		F	00:36:24	00:01:52	00:17:40	00:17:11	01:13:07
311 Shaw	Stephen	Yes	M	00:40:23	00:02:45	00:16:34	00:16:43	01:16:25
273 McDonough	Aine		F	00:41:16	00:01:44			DNF
237 Fox	Paul		M	00:35:22				DNF